



Day of month	Daily offering	Masses	Communions		Sacrifices	Decades of the Rosary	Visits to Blessed Sacrament	15 mins of silence	Good Examples
			Sacramental	Spiritual					
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Totals									

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## Prayer, Communion, Sacrifice, Apostolate

### PROMISES IN THE EUCHARISTIC CRUSADE

**PAGE:** Morning prayer and offering, Evening prayer and treasure sheet

**CRUSADER:** As with Page as well as 2 decades, Holy Communion every Sunday, at least 1 sacrifice a day, fight against dominant fault, Confession once a month

**KNIGHT and HANDMAID:** As Crusader but: 5 decades every day, Spiritual Communion, 15 minutes of meditation, Confession every 2 weeks



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Please send back your Treasure Sheet, complete or not, to:

**Stick Stamp here**

**Eucharistic Crusade**  
Saint Mary's House  
12 Ribblesdale Place  
Preston  
PR1 3NA